

TRAILMARK



TRAIN LOCAL

MONDAYS

— 7:30A-8:30A —
SLOW FLOW YOGA
— 5:30P-6:30P —
ZUMBA
— 5:30P-6:30P —
Y I N Y O G A

TUESDAYS

— 8:30A-9:30A —
ADULT PICKLEBALL
— 9:30A-10:30A —
ADULT PICKLEBALL

WEDNESDAYS

— 10:00A-11:00A —
ZUMBA

THURSDAYS

— 8:30A-9:30A —
ZUMBA
— 8:30A-9:30A —
ADULT PICKLEBALL
— 9:30A-10:30A —
ADULT PICKLEBALL

FRIDAYS

— 7:30A-8:30A —
G E N T L E Y O G A

SATURDAYS

— 8:30A-9:30A —
Y I N Y O G A

SUNDAYS

— 12:00p-1:00P —
R E S T O R A T I V E
Y O G A

ALL CLASSES \$15

*PICKLEBALL with MARY SUE CRANSTON
YOGA with TRICIA PEGLER | certified instructor
ZUMBA with KAREN RENAUD | certified instructor*



REGISTRATION & MORE INFORMATION AT:
WWW.PLAYMYHOA.COM/TRAILMARK

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Play Tennis Academy LLC